

The Bellringer



The Anglican Parish of St. George

Volume 22

Autumn 2009

Number Two

Some things new have come!

As of this issue, *The Bellringer* has entered the electronic age, however tentatively! *The Bellringer* is now on St. George's website, and those parishioners whose email addresses we have will have been informed of this by email. All those parishioners without computers, and anyone else who would prefer it, will still receive their *Bellringers* in hard copy, which will be delivered as usual. We are still in the process of compiling our list of email addresses. Our list of email addresses is strictly confidential – they are hidden/blind-copied when mass mailings are sent out – so please consider giving us your email address if you have not already done so, and help St George's to be a little 'greener.' If you have email but do not wish to receive *The Bellringer* electronically (i.e., through the website) please let us know by contacting the [church office](#) (222-1942) or the editor (Liz at 222-1610).

Please let us know what you think of our 'some things new.' After all, *The Bellringer* is your newsletter, and we try to please.

One last thought: please keep the news items and other articles coming!

St. George's Anglican Church

321 Pandora Avenue West
Winnipeg, Manitoba, R2C 1M6
Phone: (204) 222-1942
Web Site: www.stgeorgestranscona.ca
Email: stgeo321@mts.net

RECTOR	The Reverend Helen Manfield	222-1942
RECTOR'S WARDEN	Alison Ward-Westervelt	
PEOPLE'S WARDEN	Penny Single	
TREASURER	Terry Leah	
ASSISTANT TREASURER	Dan Thagard	
ENVELOPE SECRETARY	Penny Single	
PARISH SECRETARY	Maureen Duncan	222-1942
SUNDAY SCHOOL DIRECTOR	Vicky Taylor	
VESTRY CLERK	Maureen Duncan	222-1942
CARETAKER	Randy Rentz	

MEMBERS OF VESTRY

Dave Abel	Elizabeth Beazley	Terry Leah
Anne Leibl	Peggy Rentz	Derrick Slater
Rowena Slater	Alice Stewart	Charlotte Wells

DELEGATES TO SYNOD AND ALTERNATIVES*

Barbara Gustafson	Claudine Thagard	Dan Thagard
Alison Ward-Westervelt	Vera Sherman*	

REGULAR SERVICES

SUNDAY	10:30 AM	HOLY EUCHARIST
	10:30 AM	SUNDAY SCHOOL
MONDAY	7:00 PM	HOLY EUCHARIST

Above can be contacted by leaving message via [church office](#).

The Bellringer is published three times a year. The editor always welcomes suggestions, letters, articles and news items that are not protected by copyright (unless permission to reproduce has been granted). Items may be handed in to the sidespersons on Sunday, to the parish office, or to the editor (mailbox #8).

EDITOR: Elizabeth Beazley (222-1610)

Letter from The Vicar

Well, there are many things ramping up for a new season. I sometimes think that the church year starts in September rather than at Advent! However wet our summer has been, it is now coming to a close and activity begins again. We are still in the season of Ordinary Time, which remains a time of growth, and so we are eager to get going.

As we enter Fall, Thanksgiving is usually the theme. It is a good one to have at any time of the year, but for a province that relies so heavily on the grain industry, it is good to offer thanks to God for the provision that we have. I have a good friend who wrote this prayer for their Thanksgiving service so I would like to share it with you.

May the broad expanse of God's love and the abundance of His riches in glory, shape your perspective on your own life and needs, including those things which disappoint you.

May the eyes of your heart be open to all the blessings which surround you; may this awareness produce a harvest of generosity in your spirit.

May thankfulness rise up within you, not just during this short season, but day after day, from the early morning watch until you retire for the night.

May your prayers reflect gratitude, while also acknowledging the needs of others whose situations are so drastically different.

May thoughts of Jesus fill your mind, and hunger for God drive your soul, and love for Lord guide your speech and your actions.

And finally, may the grace, peace, and love of the triune God, protect, defend, and empower you to run with perseverance the race marked out for you.

Amen.

Blessings upon you and your families during this season.

Helen



What's New at St. George's?



It is amazing what one can do with technology today. For a number of years we have had our own web page for St. George's. There is a wealth of information on our web page about what is happening at St. Georges. You can find this information by going to www.stgeorgesanglicantranscona.ca/ on the internet. We have recently set up an icon on the web page so that you can make a donation to St. George's right from your home computer or any computer throughout the world.

When you visit St. George's web page you will see the icon, **Donate Now through Canada Help.org**. You just follow the instructions and it is a very easy process. If you make a donation you **will receive a charitable tax donation receipt by e-mail immediately**. Also the funds will be automatically transferred to the church's operating account and the treasurer will also be notified of your monetary gift.



This allows individuals and parish members who are not able to attend on a regular basis to continue their support of our many missions in the community. It also allows you to make special donations at Easter, Thanksgiving and Christmas if you are away or unable to be at church on these special occasions. It also provides another avenue for you to donate in memory of loved ones if you cannot be at church or are unable to attend.

I have used this method a number of times and find it quite convenient, and it also allows me the opportunity to ensure that I can make a monetary donation when I am away or unable to be at church.

I encourage you to give it a try!
Dave Abel

A Sunday School teacher asked her class why Mary and Joseph took Jesus with them to Jerusalem.

A small child replied, "They couldn't get a babysitter."

To dip or not to dip ... That is the question!

During a communion service, when the elements of bread and wine are offered to the community, there are many ways to receive them. Some hold out hands flat with head bowed to receive the bread while others look up at the priest as the words are being spoken. There is no 'correct' way. One of the beautiful things in the Anglican Church is the room we have to order our worship, tradition and style to suit the needs of its parishioners. That being said, we now move on to a health lesson.

I am quite sure that most of you are aware of the H1N1 flu pandemic that has been hovering around us for a while; it used to be called 'swine flu' because swine are also susceptible to this virus. This is not a new problem. 1918 was the first 'swine flu' outbreak, and it has been around since then in the hog industry. It is raising its head again and everybody is being asked to take precautions to prevent the spread of this virus. One of the ways that any kind of virus is spread is by passing from one to another through touch. This particular virus is a tough one which hangs around even on hard, dry surfaces, though it is destroyed by sanitisation, such as hand sanitisers or alcohol.

Health and communion may only seem related in a spiritual sense; it is a commonly known fact that a healthy spiritual life often results in a longer, healthier bodily life. However, there are concerns that when we share in the common cup we are sharing our viruses, too, so people choose to take their bread or wafer and dip it into the wine rather than to drink from the cup. This practice is called intinction. It is a common catholic practice where the priest takes the wafer, intincts and places it on the tongue of the communicant. It is an approved method of administration. This method was adapted by some, in that when offered the cup, they dip the bread themselves. This is where the problem occurs. Our hands are one of the places where viruses hang out, and if we touch the wine at all, we contaminate all of the wine. It is then distributed to others, and we share more than a spiritual moment together after that!

To drink from the common cup poses less of a risk for cross contamination because our mouths are 'cleaner' than our hands. Also, the rim of the cup is cleaned between each person, and the alcohol content of the wine is quite high as a measure to prevent spread of such viruses. At St. George's we will be bringing in a different option for our congregation. We are purchasing a communion tray with small glass cups that hold a measure of wine.



This tray with wine will be consecrated along with the other common cup wine during the Eucharistic Prayer. So after taking the bread, the option will be to either drink from the common cup or take a single measure of consecrated wine, or not to take the wine at all. All of these options are suitable, and all are recognised as fully receiving Christ into yourself. As soon as the trays arrive, this practice will begin.

So to answer the question...To Dip or Not to Dip....the answer is NOT TO DIP!

Please feel free to talk with me about this if you have any other concerns.

Rev'd. Helen

Here and There

Pastoral Care Team

The shut-in visiting group met recently and has been renamed the **Pastoral Care Team**, a more appropriate title, we think! Many issues were discussed, and some decisions made. Among them was the necessity for a little training to help us do our job better. Therefore, our rector, Helen, who has considerable training in pastoral care, offered to give us an 'hour or so of help.' We will meet for this time on Monday, October 5th at 1:00 pm at the church. If anyone else from the parish would like to participate in this training, you would be most welcome.

One more reminder: if anyone knows of a person who could use a visit for any reason, please let the Reverend Helen or Claudine know.

Weekly envelope donations

Are we getting too blasé about those little brown envelopes that we find in our weekly bulletins three out of four Sundays a month? Do we tend to use them as bookmarks instead of for their very worthwhile purpose?! The Food Bank, the Ugandan War Orphans and our own Sunday School and youth need your help. A few quarters, a loonie or a twonie can make a big difference – so please remember this when the little brown envelope falls out of your bulletin!

Congratulations to . . .

Kristina and Jorge Sousa on the recent birth of their daughter, Addison Grace.

Singing at park manor

On the fourth Friday evening of the month, our organist, Alice, and a small group of singers go to Park Manor Personal Care Home to sing hymns with the residents. It is an enjoyable experience to hear people, whose cognitive abilities may be failing, singing the hymns along with us. Please think about joining in this worthwhile effort (it is not necessary to be a wonderful singer!). We meet at Park Manor at 6:20 pm and sing for half an hour on each of the two floors. The time commitment is small – the rewards great!

Men's club

There will be a **Men's Club breakfast** on Saturday, September 26th at 9:00 am.

Vacation Bible School

The Vacation Bible School, done in conjunction with Transcona Memorial United Church, was a great success. The volunteers were wonderful and everyone had a fabulous time! Forty-six children attended the week-long school, which was held July 13th-17th. Rowena has made up a journal of pictures, which is in the church hall. Have a look the next time you're down there! The hope is to do the school again next year.

St. George's Sunday School

The **Sunday School** has started up again. Registration is ongoing so you may register your child or children on any Sunday. Everyone is welcome! The Sunday School has several exciting events planned for this term, so please watch your Sunday bulletin for news of these happenings. For more information, please call the office at 222-1942.

Coming events

Adult education

The Reverend Helen began a course of adult ed., **Anglicanism 101**, on Wednesday, September 16th at 7:00 pm. Come and find out what we're all about!

Potato picking

On Saturday, September 26th, the Reverend Helen and some folks from St. George's are going to Portage la Prairie to the McCain farm to pick potatoes. No, we don't have to dig them! They are over- or undersized potatoes rejected by the machine and left lying in the field. All we do is pick them up and put them in bags, which are donated to charities such as the Food Bank and Winnipeg Harvest. It sounds like fun! We will meet at the church 9:30 am. Watch your Sunday bulletin for details or ask Rev. Helen.

Harvest Sunday

Harvest Sunday this year will be on September 27th at 10:30 am. The Altar Guild will be decorating the church on Friday evening, September 25th. If you have some extra veggies, fruit or garden flowers, they would be most welcome. Following the service, the Sunday School will hold an open house.

Celebration of new ministry

On Tuesday, October 13th, the Bishop will be present for the celebration of the Reverend Helen's new ministry with us. The service will begin at 7:30 pm and will be followed by a social hour.

Diaconate Sunday

On Sunday, October 25, at the 10:30 am service, The Reverends Helen Hunter and Peter Flynn will be present to discuss diaconate ministry.

Annual Bishop's Dinner

Archbishop Fred Hiltz will speak at this yearly dinner. It will be held at the Caboto Centre, 1055 Wilkes, on Tuesday, October 27, 2009 at 6:00 pm.. Tickets are \$120.00 each for which a tax receipt is given. Please call the Diocesan Office to reserve tickets.

Movie night for Children

On Friday, October 30th, from 6:00 pm to 8:30 pm, there will a free movie night for children of the parish and the neighbourhood. Popcorn will be provided!

Garden Centre 2009

It is a pleasure to report to our parish family that our 2009 Garden Centre endeavor succeeded despite a major challenge due to the weather. The month of May was very rainy with cool weather which had a very negative effect on plant sales - the lowest in the past nine years as we were closed many days due to the cool wet weather and the threat of frost. The weather turned nice in June and we did 80% of our sales in the next 2 ½ weeks. We were very busy during this time and sales were very brisk.

The sale of soil continues to be a major contributor to our bottom line. This year we had to pay for our shovellers as we had very few volunteers. This is the only way we can meet the demand for bagged soil by our customers. We paid 14 baggers who worked a total of 204 hours. The cost to bag 120 yards amounted to \$1838 this year. This has had a negative impact on our bottom line; however, if we didn't do this our bottom line would be impacted very seriously. I would like to thank Carol Ann Matthew who ensured that we had the soil bagged. Without her help co-ordinating and arranging for shovellers our sale of soil would have been greatly reduced.

The Garden Centre has become a place to share in some fun and experience the outreach and fellowship that takes place over the seven weeks. There is a core group whom you can count on to ensure the operation is a success. The parish needs to be appreciative of this group, whose stewardship ensures the Garden Centre was operational at all times. They were there through all types of weather and endured some taxing times when it was extremely busy. It becomes hectic when plants are delivered and need to be put away. Extra hands are always needed for this and also in the caring and watering of plants, especially when the weather turns warm.

Firstly, I would like to thank everyone who contributed to another successful venture. To volunteer so much of your time in May and June when the weather was so good was greatly appreciated. The parish thanks the set-up and take-down crews, the volunteer sales staff, the shift scheduler, individual baggers, those looking after the finances and people delivering soil this year. Their efforts were greatly appreciated.

We were very fortunate to have Liz Krupa, our summer student, return for another year. Without this kind of help it would be almost impossible to carry on with the plant stand open on a seven days a week. Again this year we fortunate to receive a grant to cover



a large portion of our summer student's salary.

At this time we have transferred approximately \$10,000 to the parish general account which is down \$3000 from last year (2008). Heather Petura is preparing a detailed financial report that will be included in the annual report with the finalized numbers for this year's operation. I would like to thank Heather for ensuring that the financial results of the Garden Centre are recorded properly in the financial statements she prepares, which are disclosed to the parish.

The garden centre accounts for about 10% of revenue generated to operate our parish which is a considerable amount of money. It is critical that you seriously consider volunteering some of your time to this project for the upcoming year as we rely on this source of revenue for the continued operation of our parish.

We closed with a BBQ at the church which was well attended with some great food to enjoy. This was certainly a positive way to wind up our activities for the year.

I announced at the windup that 2009 would be my last year for coordinating the Garden Centre. The vestry will be looking for someone to step forward to manage this major fund raising project. I will be able to assist this person; however, I am not in a position to volunteer and give of my personal time as I have done in the past.

Again I would like to thank everyone who worked this year at the Garden Centre. Your effort and devotion to this project contributes to the continuous success of our parish family of St. George's.

Respectfully submitted,
Dave Abel, Garden Centre Coordinator



*A Tip of the Gardening Cap
and Many Thanks for all his years
as Garden Centre coordinator*

*to
Dave*

*And thanks to all those who worked so hard at
the Garden Centre to produce another
successful year!*

*And a special Thank You to
Barb*

*for her years of experience and work and for
all that she did this past season!*

ANGELICAN CHURCH WOMEN (ACW)

Once a month, September to June, a small group of women meet to worship, work, and socialize. Our meetings begin with a Bible reading, prayers and a "Thought for the Day." We catch up on what is happening in our parish, and, if relevant, what is happening in the diocese as well. We conduct our business meeting and end with tea, snacks and lively conversation. Sometimes we will have a game to play, and occasionally we have a special guest come to educate/entertain us. Last spring, Mel Belluk, from Active Living, gave us a presentation on "Ten Healthy Habits" – very interesting and helpful. Twice a year, in December and June, we have a luncheon, no meeting, just a fun time with lots of good food.

As a group, we participate in the Least Coin project, and Bible of the Month. We have a Thank-Offering Service in November, when the offering is given to a cause, which we have chosen for that year. We also host a Baby Shower annually for the Thelma Wynn Project. Many of our members are active in parish activities, including the Plant Stand, bazaar, other fund raisers, and in the wider community, the Thelma Wynn Project and Transcona Food Bank, and other charitable and service organizations. Those members who are not able to be as physically active as in the past are an important source of prayerful support for our parish and the needs of others.

Sadly, two of our members, Kathleen Parker and Helen Kon, have passed away in the last year. At the present time, two other members of our group, Margaret R and Edith B, are residing in Park Manor Personal Care Home. We miss their presence around our table.

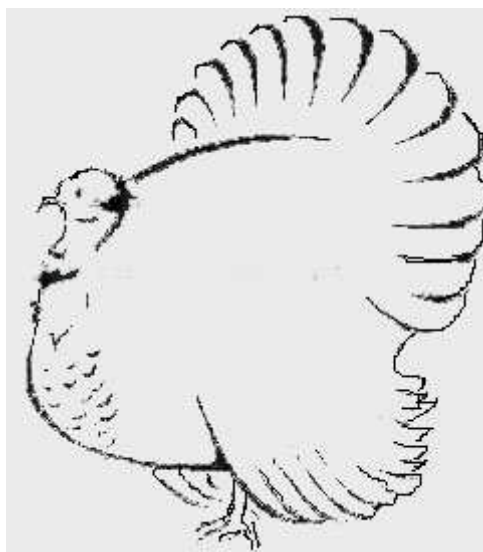
We invite any ladies in the parish to join us at 1:15 pm in the church, on the third Wednesday of the month. Check us out. We are a nice bunch! We would be happy to see you.

For more information, please contact Gwen.

An Old English Prayer

Give us, Lord, a bit of sun,
a bit of work and a lot of fun,
Give us in all the struggle and splutter,
Our daily bread and a bit of butter,
Give us our health, our keep to make,
and a bit to spare for others' sake,
Give us, too, a bit of song,
and a tale and a book to help us along,
Give us a chance to be
Our goodly best, brave, wise and free,
Our goodly best for ourselves and others,
Till all our men learn to live as brothers.

Amen



Parish Milestones

Baptisms

Elly Diane Gibson

Marriages

Paolum Dibra and Dorothy Evelyn Marshall, June 6, 2009
Matthew Thomas Bruce and Whitney Lee Madden, June 13, 2009
John David Ross and Diane Mary Bate, July 4, 2009
Matthew Roy Buxton and Crystal Atamanchuk, September 19, 2009

In Memoriam

Helen Kon
Robert George Cadigan
Marjorie Bilinski

'Eternal peace grant unto them, O Lord,
'And may light perpetual shine upon them.'



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St. George's Mission Statement

We, of St. George's, are a family of Christ.

We desire to live our faith through joyful worship by providing Christian nurture for all ages and by enabling each person to participate actively in our life together.

We seek to encourage that way of life in others through ministries of witness, education, outreach and service in the wider community.

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A Short Course in Human Relations

The six most important words: **"I admit I made a mistake."**

The five most important words: **"You did a good job."**

The four most important words: **"What is your opinion?"**

The three most important words: **"If you please."**

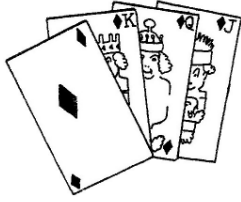
The two most important words: **"Thank you."**

The most important word: **"We."**

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A theological student named Fiddle refused to accept his degree.
It was bad enough to be Fiddle without being Fiddle D.D.!

St. George's Bridge and Whist Luncheon



Thursday, October 1st at 11:30

Tickets: \$12.00

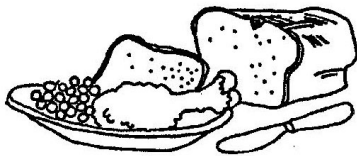
**Come on out for good food, good games,
good prizes!!!**

Sign-up sheets for food donations are posted on the bulletin board.
Donations of prizes valued at \$5.00 - \$15.00 would be greatly appreciated.
For tickets and to reserve tables: Charlotte at 222-9205 or Barb at 256-2304.

**Enjoy a delicious turkey dinner with all the
trimmings at . . .**

The Harvest Dinner

**Saturday, October 17 at 6:00 pm
Park City West Community Club
115 Sandford Fleming**



**Tickets: \$12 adults
\$5 children 6-12**

Free for children 5 & under

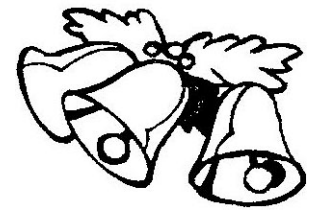
Tickets may be obtained from the church office.

Table reservations accepted.

**There are sign-up sheets at the back of the church for
donations to the dinner and helping at the dinner.**

A Sunday School teacher was discussing the Ten commandments with her five and six year olds. After explaining the commandment to 'Honor thy father and thy mother,' she asked, "Is there a commandment that teaches us how to treat our brothers and sisters?" Without missing a beat, one little boy answered, "Thou shall not kill."

St. George's Christmas Bazaar

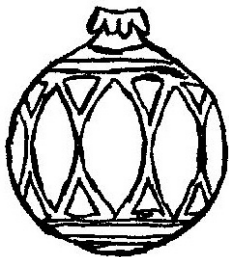


Saturday, November 14, 2009
10:00 am-2:00pm

With your help, we can make this year's bazaar the best ever!!!

Please think about helping us in some of the following ways:

- Setting up and taking down
- Crafting and sewing for the craft table
 - Helping in the kitchen
 - Baking, preserving, etc., for the bake table
- Donating small theme baskets for the silent auction



Later in the fall, there will be a bazaar meeting to which you can bring your ideas for new bazaar features. Please try to attend.

For more information, please watch the Sunday bulletin or call the bazaar coordinators, [Norma and Dave](#), at 661-6008.

Enjoy good shopping, good food and a good time with your family and neighbours!!!

Calendar of Dates

2009

September 26	Saturday	9:00 am	Men's Club breakfast
		9:30 am	Potato Picking at Portage
September 27	Sunday	10:30 am	Harvest Sunday followed by Sunday School Open House
October 1	Thursday	11:30 am	Bridge and Whist Luncheon
October 4	Sunday	4:00 pm	Blessing of Animals
October 13	Tuesday	7:30 pm	Celebration of New Ministry
October 17	Saturday	6:00 pm	Harvest Dinner
October 18	Sunday	10:30 am	Baptisms
October 25	Sunday	10:30 am	Diaconate Sunday
October 27	Tuesday	6:00 pm	Bishop's Dinner
October 30	Friday	6:00 pm	Movie Night for Children
November 1	Sunday	10:30 am	All Saints Day – Parish Memorial Service followed by soup and bread lunch put on by Sunday School
November 8	Sunday	10:30 am	Remembrance Day Service
November 14	Saturday	10:00 am-2:00 pm	Christmas Bazaar
November 29	Sunday	4:00 pm	Advent Carol Service with sherry to follow

Something to laugh at

Attending a wedding for the first time, a little girl whispered to her mother, "Why is the bride dressed in white?"

The mother replied, "Because white is the color of happiness, and today is the happiest day of her life."

The child thought about this for a moment, then said, "So why is the groom wearing black?"

From the Editor

At this time of year, we have much for which to be thankful. I am thankful, in particular, for the help I have received in the production and distribution of this issue of *The Bellringer*. I hope that all of you who read *The Bellringer* on St. George's website are happy with our new methods. Special thanks for this to Pat and Kirby!

Happy Harvest, Happy Thanksgiving to all!



ST. GEORGE'S ANGLICAN PARISH

ACTIVITIES AND SERVICES

GROUP/COMMITTEE	CONTACT PERSON	PHONE
Adult Education	Rev. Helen Manfield	222-1942
Advertising	Pat Allan	222-3836
Altar Guild	Anne Leibl	
Anglican Church Women	Gwen Hoare	
Collection Count	Peggy Rentz	
Communications	Alison Ward-Westervelt	
Ecumenism	Elizabeth Beazley	222-1610
Food Bank	Doug & Florence Madden	
Flowers (Altar) & Hymnals	Maureen Duncan	222-1942
Funeral Ministry	Rev. Helen Manfield Charlotte Wells	222-1942
Healing	Rev. Helen Manfield	222-1942
Liturgy	Rev. Helen Manfield	222-1942
Memorial Fund/Board	Dan Thagard	
Men's Group	Dan Thagard	
Music Ministry	Alice Stewart	
Newly Baptized	Barbara Gustafson	
Parish Newsletter (<i>Bellringer</i>)	Elizabeth Beazley	222-1610
Pastoral Care Team	Claudine Thagard	
Phoning	Alice Stewart	
Garden Centre	Dave Abel	661-6008
Prayer Circle	Penny Single	
Property & Maintenance	Dave Abel	661-6008
Servers	Rev. Helen Manfield	222-1942
Sidespersons & Welcoming	Gerald Hillier	
Social Events/Parish Activities	Charlotte Wells Elizabeth Beazley	222-1610
Stewardship	Dave Abel	661-6008
Sunday School	Vicky Taylor	
Vestry Clerk	Maureen Duncan	
Web Page	Kirby Pearson	

Welcome to all newcomers to St. George's! If you are a newcomer and wish to be part of one or more of the groups listed above, please call the appropriate contact person (via [church office](#)) or let the rector know.